

## Instructions for most commercial embroidery machines

Fast Frames are easy to use and attach to your machine.

Attach the 7 in 1 arm to the arms of the machine as you would your regular hoops. The center knob should be facing up and going back toward the machine. The 7 in 1 arm should lock into place using the circular and oval holes on the pins on your machine arms. The center knob (and pins) is where you attach the add-on frame you wish to use for the item being sewn.

You will need to do an outline (or trace) of your design to set the machine to center for each frame.

Follow steps 1 through 5 of the following pages to mount your fabric to the frames using adhesive backing.

## Instructions for PR600/620/ Babylock Pro embroidery machines

Fast Frames are easy to use and attach to your machine.

1. Open the tubular arms of your machine to the widest setting used for your jacket back hoop.
2. Then, attach the 7 in 1 arm to the arms of the machine as you would your regular hoops. The center knob should be facing up and going back toward the machine. The 7 in 1 arm should lock into place using the circular and oval holes on the pins on your machine arms. The center knob (and pins) is where you attach the add-on frame you wish to use for the item being sewn.
3. Your machine sensor will tell your machine that it has the jacket back hoop attached to the machine. You will need to do an outline (or trace) of your design to set the machine to center for each frame. Your machine will automatically center side to side but you will need to set it front to back, using your arrow keys.
4. Follow steps 1 through 5 of the following pages to mount your fabric to the frames using adhesive backing.

## CLEANING OF YOUR FASTFRAMES

Pull the adhesive backing off after use. This helps prevent a difficult clean up. You might want to soak the frame in hot water or use a hot iron on the back of the frame to soften up the adhesive for easy removal. Simple Green, orange citrus cleaners, etc. may be used to soak the frames. Rinse well. You may want to use alcohol to get any residue off the metal surface. Then the backing will stick well to the metal surface. There are various types of adhesive removers on the market like Goof Off, Lift Off, and Oops. Most are available at hardware stores or Wal\*Mart. Please follow safety instructions on the labels if you choose to use any of these products.

## **7in 1 FastFrames X-Change**

Comes with seven sizes that can be exchanged on one arm.

### **For commercial Embroidery Machines**

You receive three pocket sizes: 2 x 4 2 ½ x 4 3 x 4

**A.** 2 x 4 was designed for denim and woven materials. The pocket must be a minimum of 5 inches wide at the opening. This allows the bobbin case to fit inside the pocket and still have room to travel or shift. You can also embroider on socks, sweat bands, stretch gloves, CD cases, fanny packs, up the cuff of long sleeve shirts, short sleeve shirt cuffs, etc.

**B.** 2 ½ x 4 was designed because pockets vary in size. You may have a 5 ½ inch opening and this allows a ½ inch larger sew field. For apron pockets, larger pockets with just a little larger logo.

**C.** 3 x 4 pocket materials that have stretch, jersey and pique knit. You can sew three inches across the pocket, socks and sweatbands. Because the fabric has stretch it is possible to get the larger logo.

Please pay close attention to pocket width when choosing the size frame to use.

You also receive two bag frames: 5 x 4 7 x 5

**A.** 5 x 4 works well in computer brief case bags, leather type material or canvas. No hoop burn is left because you are not capturing the material between two piece hoops. It does not pop out of the hoop. Those Christmas socks we hate to put a name on can now be done with ease. With a 7 ¼ inch opening you can embroider a 5 inch mane without wasting time cutting it apart and stitching it back together.

**B.** 7 x 5 works well for larger pockets on bags, bag flaps or wherever a larger sew field is required and the material is more difficult to hoop.

The 6<sup>th</sup> size a is 6 x 5 ½ radius frame

**A.** This is great for the backs and sides of baseball caps, and bucket caps.

**B.** Collar tips, cuffs of sleeves, ribbon and more. Notches in the frame allow you to line up the garment straight every time.

The 7<sup>th</sup> size is a 4 ½ x 11 sleeve frame

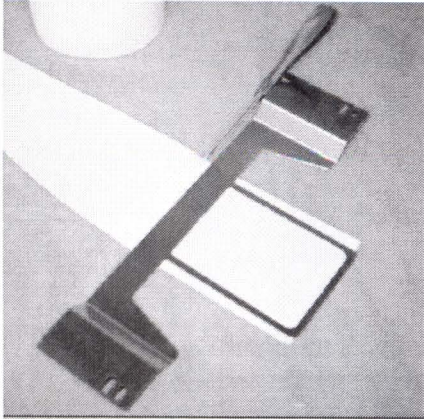
**A.** This frame is made for long sleeve shirts and pant legs

**B.** When you want to embroider deeper bags close to the bottom and for wine bottle bags.

### **For Brother PR600, 600II, 620, Baby Lock, Janome MB4, Melco EP4 and SWF MA-6 Machines**

The 7<sup>th</sup> size is a 7 x 7 bag frame

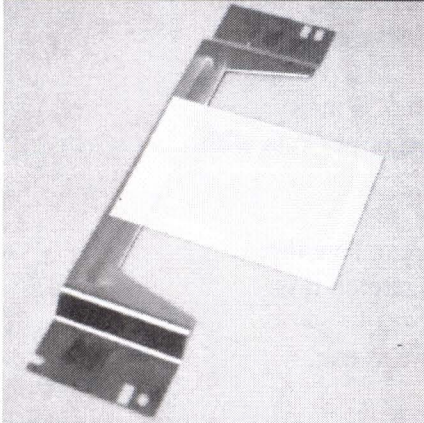
**A.** This frame is made for larger bags, purses, pillow cases, etc.



## **Pocket Frames**

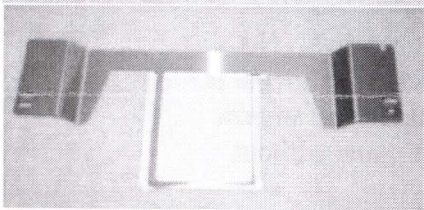
### **Step 1.**

Lay backing under the frame and line up as shown. Cut the backing, using the frame as your gage, and your backing will fit with the frame correctly each time.



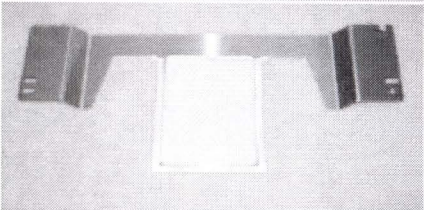
### **Step 2.**

Turn the frame upside down. Peel the paper from the backing. Place the backing on the frame. Be sure to allow backing to extend past the side and bottom of the frame.



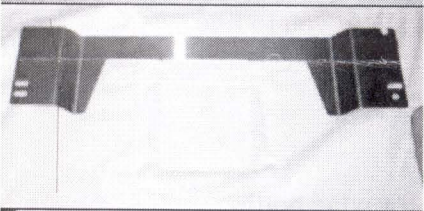
### **Step 3.**

Fold the excess backing over the edge of the frame. This is needed to hold the garment in place.



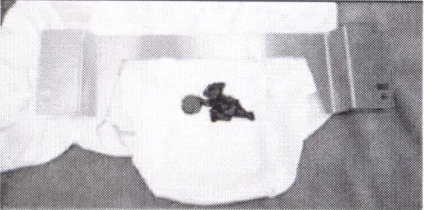
### **Step 4.**

Your trace should already have been done, if not do it now. Be sure to leave enough room that the pressure foot does not pinch the garment on the inner edge of the frame.



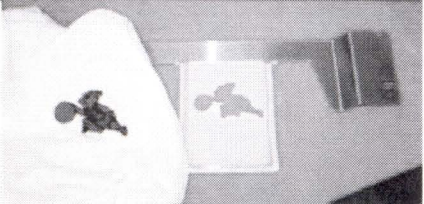
### **Step 5.**

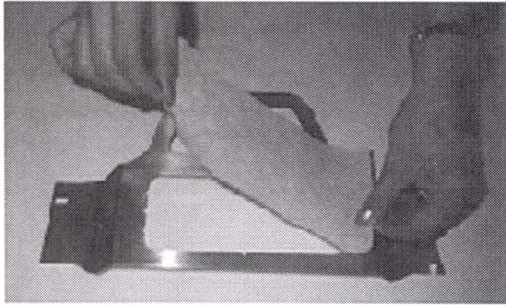
Remove the frame from the machine. Insert frame into pocket. Smooth pocket on the adhesive backing. Place frame on machine pulling the pocket open and around the bobbin case. Run your hand under the bobbin case to see if it is smooth. Cover rough heads of screws with cellophane tape.



### **Step 6.**

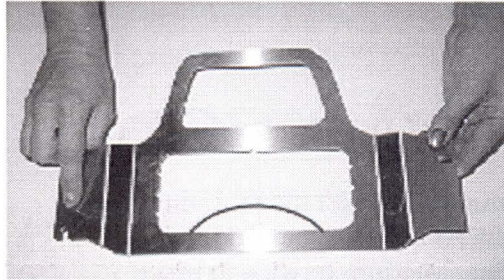
Sew. Tear garment away. Patch the hole with another piece of backing and continue.





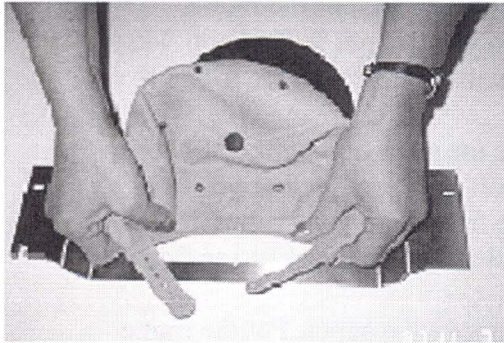
### STEP 1.

Cut a piece of adhesive backing large enough to cover the sewing field. Please the backing on the underside of the frame over the desired sewing field (sticky side up).



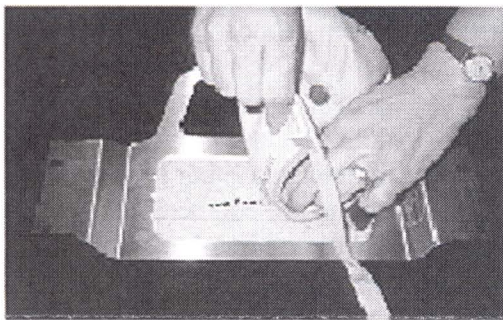
### STEP 2.

If you are sewing the back of caps it is helpful to draw the arch of the back of the cap on the backing to serve as a line up mark.



### STEP 3.

Center the object to be sewn over the adhesive backing and press down firmly to the backing. If sewing the back of a cap undo the back strap for increased flexibility.



### STEP 4.

After the object is sewn, tear it away from the adhesive backing. Then turn the FastFrame over. Stick a small patch of backing over the hole from the underside, This will allow you to use the original backing several times without having to cut a new piece.

